



BREAKFAST MENU

Morning Bagel Box

An assortment of freshly baked Gryfe's bagels served with butter, preserves, and various homemade cream cheeses.

QTY. ____ \$15 (12)

QTY. ____ \$30 (24)

QTY. ____ \$45 (48)

Fruit Bowl

A medley of the season's freshest fruits.

QTY. ____ \$20 SMALL (SERVES 5)

QTY. ____ \$40 LARGE (SERVES 10)

Granola Parfait

Low-fat organic yogurt, Greenleafs' granola blend, and fresh berries or other fruit of your choice.

QTY. ____ \$3.99 each (MINIMUM ORDER OF 6)

Breakfast Sandwich Platter

An assortment of mini croissant sandwiches (Rosemary ham, Brie, tomato, cucumber, sprouts) and English muffin omelet sandwiches (fresh egg omelet with asparagus, mushroom, red pepper).

QTY. ____ \$65 (SERVES 10)

Smoked Salmon Platter

Premium smoked salmon with cucumber, capers, lemon wedges, homemade cream cheese, and Gryfe's bagels.

QTY. ____ \$25 (SERVES 5)

WRAPS

MINIMUM ORDER OF 6

Chicken Caesar

Grilled chicken breast, crisp romaine, cucumber, and tomato in creamy caesar dressing.

QTY. ____ \$6.50 each

Chicken Greek

Seasoned grilled chicken breast, cucumber, tomato, and red onion with homemade greek yogurt.

QTY. ____ \$6.50 each

Roasted Vegetarian

Oven roasted zucchini, asparagus, mushroom, and red pepper with chickpea hummus spread.

QTY. ____ \$6.50 each

BCLT

Grilled chicken breast, bacon, crisp romaine, and tomato with zesty aioli.

QTY. ____ \$6.50 each

CLASSIC SANDWICHES

MINIMUM ORDER OF 6

Egg Salad

QTY. ____ \$5.99 each

Tuna Salad

QTY. ____ \$5.99 each

Ham

QTY. ____ \$5.99 each

Turkey

QTY. ____ \$5.99 each

SPECIALTY SANDWICHES

MINIMUM ORDER OF 6

Avocado Chicken

Pulled chicken breast, sliced avocado, bacon, and crisp iceberg lettuce with basil mayo spread.

QTY. ____ \$7.99 each

Ham & Brie

Ham, alpha sprout, cucumber, tomato, and sliced Brie with rosemary spread.

QTY. ____ \$7.99 each

Veggie Works

Grilled sweet red pepper, red onion, asparagus, zucchini, and enoki mushroom with hummus spread.

QTY. ____ \$7.99 each

Assorted Sub

Smoked ham, salami, turkey breast, crisp romaine, tomato, red onion, and sliced marble cheese with French style dressing.

QTY. ____ \$7.99 each

Chicken Apple Salad

Pulled chicken breast, fresh apple, celery, grape, crisp romaine, in yogurt dressing.

QTY. ____ \$7.99 each

Roast Beef

Stacked roast beef, caramelized onion, and sliced cheddar with horseradish spread.

QTY. ____ \$7.99 each

CLASSIC SALADS

Garden

Field greens, vine-ripened tomato, cucumber, red onion, and julienned carrot served with your choice of dressing.

QTY. ____ \$35 (SERVES 10)

DRESSING _____

Caesar

Crisp romaine and king-sized, oven-roasted croutons with Caesar dressing.

QTY. ____ \$40 (SERVES 10)

Greek

Crisp romaine, vine-ripened tomato, and red onions with greek dressing.

QTY. ____ \$40 (SERVES 10)

SPECIALTY SALADS

MINIMUM ORDER OF 6

Julienne

Fresh iceberg and romaine hearts, smoked ham, julienned carrot, cucumber, sharp cheddar, tomato, and hard-boiled egg.

QTY. ____ \$7.49 each

Avocado Bean

Fresh iceberg and romaine hearts, julienned carrot, and ripe avocado on rice pilaf and mean bean salad.

QTY. ____ \$7.49 each

Aunt Kay's Power Crunch

Organic baby greens, vine-ripened tomato, cucumber, red pepper, strawberry, blueberry, mandarin orange, roasted cashew, and pecan.

QTY. ____ \$8.99 each



Teriyaki Chicken

Spring mix greens, grilled teriyaki chicken breast, mandarin orange, and Asian crouton.

QTY. _____ \$8.99 each

Asian beef

Fresh iceberg and romaine hearts, grilled marinated beef, soba noodle, caramelized onion, and sautéed mushroom.

QTY. _____ \$8.99 each

COLD PASTA SALADS

Picnic Potato

Baby red potato, hard-boiled egg, Canadian bacon, and red onion with house-blend honey-basil mayo.

QTY. _____ \$30 SMALL (SERVES 10)

QTY. _____ \$55 LARGE (SERVES 20)

The Mean Bean

Chickpea, red kidney bean, black bean, red pepper, and red onion on rice pilaf with oil vinaigrette.

QTY. _____ \$30 SMALL (SERVES 10)

QTY. _____ \$55 LARGE (SERVES 20)

Caprese

Sliced cherry tomato, bocconcini, and fresh basil with balsamic vinaigrette.

QTY. _____ \$30 SMALL (SERVES 10)

QTY. _____ \$55 LARGE (SERVES 20)

Tuna Pasta

Hand-cut fettuccini, albacore tuna, red pepper, and celery in low-fat yogurt dressing.

QTY. _____ \$30 SMALL (SERVES 10)

QTY. _____ \$55 LARGE (SERVES 20)

PLATTERS

Crudite

Crisp seasonal vegetables with Greenleafs' specialty homemade yogurt dip.

QTY. _____ \$25 SMALL (SERVES 5)

QTY. _____ \$45 LARGE (SERVES 10)

Sliced Fruit Platter

An assortment of the season's freshest fruits.

QTY. _____ \$30 SMALL (SERVES 5)

QTY. _____ \$55 LARGE (SERVES 10)

LUNCH BOXES

Sandwich or Wrap Lunch

Your choice of sandwich or wrap served with a deli-style pickle, fresh apple or chips, and your choice of fresh fruit juice.

QTY. _____ \$11.99 each

Salad Lunch

Your choice of specialty salad served with a fresh apple, French baguette, and your choice of fresh fruit juice.

QTY. _____ \$11.99 each

Half & Half Lunch

Your choice of half a sandwich or wrap with a half portion of any salad served with fresh apple or chips, French baguette, and your choice of fresh fruit juice.

QTY. _____ \$11.99 each

DRINKS

Juice Tote

Choose from freshly squeezed orange or grapefruit juice.

QTY. _____ \$35 SERVES 8-10

Water

QTY. _____ \$1.25 each

Vitamin Water

QTY. _____ \$2.50 each

Milk

QTY. _____ \$1.25 each

Soda

\$1.25 each

QTY. _____ Coke

QTY. _____ Diet coke

QTY. _____ Sprite

QTY. _____ Diet sprite

QTY. _____ Gingerale

QTY. _____ Diet gingerale

QTY. _____ Nestea

ORDER INFORMATION

To place your order call 416-363-7085 or fax both pages to 1-866-546-8703 or scan and email both pages to catering@greenleafs.ca.

Please place order 24 hours in advance. \$50 minimum order. Cancellations must be made 5 hours prior to delivery. Charges may apply.

All prices subject to applicable taxes and may vary. Menu subject to change without notice.

Name _____

Phone number _____

Address _____

Delivery date _____

Comments/special requests _____

